## Assignment Details

### Community Health Website Analysis

**PART A**
Background – What ELEMENTS make up a healthy lifestyle and why do they considerably affect a healthy lifestyle? (Look at Social, Emotional, Mental, Spiritual, Physical and Environmental Health)

**PART B**
From your chosen website explain how it aims to provide help for people in the community deal with certain health issues.

**PART C**
How would people in the community use the website to assist them with a health issue (step by step process, or make up a scenario for how someone would utilise this resource)

**PART D**
Justify, why you think this website is useful and/or relevant to people in the community who need help or assistance.

### Objective/purpose:
To identify the components of health, and evaluate how a community health website assists in addressing and helping people with personal health issues.

### Audience:
Yr 9 Students

### Length:
3 x 45min lesson

### Genre:
Theory

### Resources:
Computers, class notes

### Comments:

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### Assignment Issued:
Week 4

### Draft Checked:
Monday & Thursday Week 5

### Dimensions:

### Due Date:
Monday Week 6

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### Conditions
You must adhere to the school assessment policy. This cover sheet must be attached to your assignment.
<table>
<thead>
<tr>
<th>CRITERIA</th>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Students clearly present all the elements of health and describes thoroughly how they are evident in a healthy lifestyle.</td>
<td>Students clearly present all the elements of health and describes effectively how they are evident in a healthy lifestyle.</td>
<td>Students present all the elements of health, and describe how they are evident in a healthy lifestyle.</td>
<td>Students present most elements of health, and describe how some are evident in a healthy lifestyle.</td>
<td>Students present several elements of health, and poorly describe how they are evident in a healthy lifestyle.</td>
</tr>
<tr>
<td>2</td>
<td>Students extensively explains how the website aims to provide help for people in the community. (step by step process)</td>
<td>Students clearly explain how the website aims to provide help for people in the community.</td>
<td>Students explain how the website aims to provide help for people in the community.</td>
<td>Students partially explain how the website aims to provide help for people in the community.</td>
<td>Students give an inadequate explanation of how the website aims to provide help for people in the community.</td>
</tr>
<tr>
<td>3</td>
<td>Students give an extensive overview of the website, and explain thoroughly how it could assist someone in the community. (step by step process)</td>
<td>Students give a clear overview of the website, and explain thoroughly how it could assist someone in the community. (step by step process)</td>
<td>Students give a clear overview of the website, and explain how it could assist someone in the community.</td>
<td>Students give a limited overview of the website, and partly explain how it could assist someone in the community.</td>
<td>Students gives a very limited overview of the website, and a very limited explanation of how it could assist someone in the community.</td>
</tr>
<tr>
<td>4</td>
<td>Students comprehensively justify why this website is useful and/or relevant to people in the community who need help or assistance.</td>
<td>Students clearly justify why this website is useful and/or relevant to people in the community who need help or assistance.</td>
<td>Students justify why this website is useful and/or relevant to people in the community who need help or assistance.</td>
<td>Students partly justifies why this website is useful and/or relevant to people in the community who need help or assistance.</td>
<td>Students provide very limited justification as to why this website is useful and/or relevant to people in the community who need help or assistance.</td>
</tr>
</tbody>
</table>
Year 9 HPE

Topic – Community Health Introduction

Below are websites that the community utilise to help assist with emotional, mental, spiritual, social and environmental health issues.

http://au.reachout.com/
http://www.brisyouth.org/about_us/
http://www.wmb.org.au/
http://www.beyondblue.org.au/

NOTE: List what major health issues these websites help people deal with?

Choose ONE website you think that will relate to teenagers/adolescents for your analysis?